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Skripsi, Januari 2022
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**EVALUASI PENGGUNAAN OBAT ANTIHIPERTENSI PADA PASIEN
HIPERTENSI RAWAT JALAN DI PUSKESMAS RASAU JAYA**

ABSTRAK

Latar Belakang : Hipertensi merupakan salah satu penyebab terbesar morbiditas di dunia, sering disebut sebagai *silent killer*. Menurut survei riset kesehatan dasar pada tahun 2018, kejadian prevalensi hipertensi di Indonesia telah mencapai 34,1% dari total penduduk dewasa. Tujuan penelitian ini adalah untuk mengetahui penggunaan obat antihipertensi pada pasien hipertensi di instalasi rawat jalan Puskesmas Rasau Jaya Tahun 2021.

Metode : Penelitian ini bersifat deskriptif non eksperimental, dengan pengambilan data secara *total sampling* dan analisis data secara deskriptif..Data diambil berdasarkan data rekam medik dengan jumlah sampel sebanyak 100 pasien.

Hasil : Berdasarkan hasil penelitian menunjukkan bahwa prevalensi penggunaan antihipertensi tertinggi yaitu pada jenis kelamin perempuan sebanyak 68%, usia 46-60 tahun sebanyak 75%, dan obat yang paling banyak digunakan adalah amlodipin golongan *Calcium Channel Blocker (CCB)*.

Kesimpulan : Tepat indikasi sebanyak 100%, tepat obat sebanyak 63%, tepat pasien mencapai 100% dan tepat dosis sudah sesuai dengan pedoman JNC 7 sebanyak 94%.

Kata Kunci : Hipertensi, Antihipertensi, Ketepatan, Evaluasi

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**EVALUATION OF THE USE OF ANTIHYPERTENSIVE DRUGS IN
OUTPATIENT HYPERTENSION PATIENTS AT THE RASAU JAYA
HEALTH CENTER**

ABSTRACT

Background : Hypertension is one of the biggest causes of morbidity in the world, often referred to as the silent killer. According to a basic health research survey in 2018, the prevalence of hypertension in Indonesia has reached 34,1% of the total adult population. The purpose of this study was to determine the use of antihypertensive patient in the outpatient installation of the Rasau Jaya Public Health Center.

Methods : This research is descriptive non-experimental, with total sampling and data analysis descriptively. Data was taken based on medical record data with a total sample of 100 patients.

Result : Based on the results of the study, it was shown that the prevalence of the highest use of antihypertensives was in female sex as much as 68%, age 46-60 years as much as 75% and the most widely used drugs were amlodipine *Calcium Channel Blocker* (CCB).

Conclusion : The right indication is 100%, the right drug is 62%, the right patient reaches 100% and the right dose is in accordance with the JNC 7 guidelines as much as 96%.

Keyword : Hypertension, Antihypertensive, Accuracy, Evaluation