

Universitas Ngudi Waluyo
Program Studi Farmasi, Fakultas Kesehatan
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Rizka Mulya Mahenri
050118A149

HUBUNGAN TINGKAT PENGETAHUAN DAN SIKAP PENGGUNAAN SUPLEMEN KESEHATAN PADA MASYARAKAT KELURAHAN CANDIREJO UNGARAN BARAT DI ERA PANDEMI COVID-19

ABSTRAK

Latar belakang: Penyakit Coronavirus (Covid-19) disebabkan oleh virus *Severe Acute Respiratory Syndrome Coronavirus 2* (SARS-CoV-2). Hingga 22 September 2021, pemerintah Indonesia melaporkan bahwa sebanyak 4.198.678 kasus terkonfirmasi Covid-19. Untuk mengurangi penyebaran Covid-19 masyarakat dituntut untuk melakukan tindakan preventif seperti meningkatkan sistem imunitas tubuh dengan cara mengonsumsi suplemen kesehatan. Penelitian ini bertujuan mengetahui hubungan tingkat pengetahuan dan sikap penggunaan suplemen kesehatan pada masyarakat Kelurahan Candirejo Ungaran Barat di era pandemi Covid-19.

Metode: Penelitian ini bersifat survei analitik dengan pendekatan *cross sectional*. Data yang dikumpulkan merupakan data primer yang diperoleh dari responden dengan cara mengisi kuisioner secara langsung. Jumlah sampel sebanyak 100 responden dengan teknik *accidental sampling*. Analisis bivariat menggunakan alternatif uji *Fisher*.

Hasil: Tingkat pengetahuan terkait penggunaan suplemen kesehatan pada masyarakat Kelurahan Candirejo Ungaran Barat di era pandemi Covid-19 tergolong baik 53 responden (53%) dan menunjukkan sikap yang positif 97 responden (97%).

Simpulan: Tidak terdapat hubungan yang bermakna antara tingkat pengetahuan dengan sikap penggunaan suplemen kesehatan pada masyarakat Kelurahan Candirejo Ungaran Barat di era pandemi Covid-19 dengan nilai signifikansi 0,599.

Kata Kunci: Covid-19, suplemen kesehatan, pengetahuan, sikap

Ngudi Waluyo University
Study Program of Pharmacy, Faculty of Health
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Rizka Mulya Mahenri
050118A149

RELATIONSHIP LEVEL OF KNOWLEDGE AND ATTITUDE OF USE ON HEALTH SUPPLEMENTS IN CANDIREJO VILLAGE WEST UNGARAN IN COVID-19 PANDEMIC ERA

ABSTRACT

Background: Coronavirus disease (Covid-19) is caused by the Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2). As of September 22, 2021, the Indonesian government reported that there 4,198,678 confirmed covid-19 cases. To reduce the spread of Covid-19, the community is required to take preventive measures such as increasing the body's immune system by taking health supplements. This study aims to determine the level of knowledge and attitudes of using health supplements on people who live in Candirejo Village West Ungaran in this Covid-19 pandemic era.

Methods: This research is an analytic survey with a cross sectional approach. The data collected is primary data obtained from respondents by filling out questionnaires directly. The number of samples is 100 respondents with accidental sampling technique. Bivariate analysis using alternative Fisher's exact test.

Results: The level of knowledge related to the use of health supplements in the Candirejo Ungaran Barat Village community in the Covid-19 pandemic era was classified as good 53 respondents (53%) and showed a positive attitude 97 respondents (97%).

Conclusion: There is no significant relationship between the level of knowledge and the attitudes of using health supplements in people who live in Candirejo Village West Ungaran in Covid-19 pandemic era with a significance value of 0.599.

Keywords: Covid-19, health supplements, knowledge, attitude