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**GAMBARAN MENTAL EMOSIONAL MASYARAKAT SELAMA  
PANDEMI COVID-19 DI DESA POLOBOGO KECAMATAN GETASAN  
KABUPATEN SEMARANG**

**(xv + 34 halaman + 8 tabel + 2 gambar + 6 lampiran)**

**ABSTRAK**

**Latar belakang :** Wabah penyakit covid-19 menyebabkan dampak psikologis seperti gangguan ketakutan, kecemasan, perubahan pola tidur, pola makan, sulit konsentrasi, bosan dan stress. Gejala tersebut dapat mengindikasikan seseorang mengalami gangguan mental emosional.

**Tujuan :** mendeskripsikan gambaran mental emosional masyarakat selama pandemi covid-19.

**Desain penelitian :** kuantitatif dengan desain *deskriptif*. Populasi penelitian ini adalah 4750 masyarakat usia produktif dengan jumlah sampel 98 responden menggunakan teknik *purposive sampling*. Instrumen yang digunakan adalah kuesioner SRQ (*Self Reporting Questionnaire*).

**Hasil:** Hasil penelitian didapatkan karakteristik sebagian besar berjenis perempuan sebanyak 64 responden (65,3%), dengan minimal usia 16 tahun dan maksimal usia 50 tahun, dengan penghasilan paling banyak kurang dari 2 juta terbulan 35 responden (35,7%) dan memiliki status pernikahan paling banyak belum menikah 68 responden (69,4%) serta memiliki pekerjaan paling banyak sebagai pegawai swasta 28 responden (28,6%), gangguan mental emosional masyarakat sebagian besar terindikasi gangguan mental sebanyak 55 responden (56,1%)

**Kesimpulan :** gambaran mental emosional masyarakat selama pandemi covid-19 di Desa Polobogo Kecamatan Getasan Kabupaten Semarang sebagian besar 55 responden (56,1%) terindikasi gangguan mental emosional

**Saran :** Diharapkan peneliti selanjutnya dapat meneliti menggunakan desain kualitatif agar lebih mendalam meneliti mengenai gangguan mental emosional

**Kata kunci** : gangguan mental emosional, era pandemi, covid-19  
**Kepustakaan** : 24 (2010-2021)

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**Emotional Mental Description of the Community in the Covid-19 Pandemic era in the village of Polobogo District of Getasan Regency Semarang  
(xv+ 34 pages + 8 tables + 2 pictures + 6 attachments)**

### **ABSTRACT**

**Background:** Covid-19 outbreaks cause psychological impacts such as fear disorders, anxiety, sleep patterns, diet, difficult concentration, bored and stress. These symptoms can indicate someone to experience emotional mental disorders.

**Objective:** Describe the emotional mental illustration of the community during the pandemic Covid-19..

**Research Design:** Quantitatif With Descriptive Design The population of this study was 4750 productive age people with a sample of 98 respondents used purposive sampling technique. The Instrument used is the SRQ questionnaire (Self Reporting Questionare).

**Results:** The results of the study were obtained by the characteristics of most women as many as 64 respondents (65.3%), with a minimum of 16 years and a maximum age of 50 years, with a lot of income of less than 2 million in 35 respondents (35.7%) and have The most married status of 68 respondents (69.4%) and have the most work as a private employee of 28 respondents (28.6%), the emotional mental ggangguan of the community is largely indicated by 55 respondents (56.1%)

**Conclusion:** The emotional mental illustration of the community during the Covid-19 pandemic in the village of Polobogo District of Getasan Regency Semarang Most of 55 respondents (56.1%) indicated emotional mental disorders

**Suggestion:** It is expected that researchers will further examine using qualitative designs to further research in depth about emotional mental disorders

**Keywords** : emotional mental disorders, pandemic, covid-19

**Literature** : 24 (2021-2021)