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**GAMBARAN KECEMASAN IBU HAMIL TRIMESTER III PADA
MASA PANDEMI DIPUSKESMAS MUARA JAWA
xvii + 47 Halaman + 7 Tabel + 2 Gambar + 12 Lampiran**

ABSTRAK

Latar Belakang : Kecemasan dapat dirasakan oleh setiap orang jika mengalami tekanan dan perasaan mendalam yang menyebabkan masalah psikiatrik dan dapat berkembang dalam jangka waktu lama. Terutama pada wanita, wanita sangat terkait dengan perubahan hormon. Maka, wanita lebih mudah cemas. Dengan adanya pandemi ini kecemasan ibu hamil Dimasa pandemi Covid-19 (Corona Virus Disease) ibu hamil merasa semakin cemas terutama untuk ibu hamil trimester III yang akan segera melahirkan. Masalah seperti kecemasan yang dialami ibu memang masih menjadi masalah kesehatan yang serius di kalangan masyarakat.

Tujuan : penelitian ini bertujuan untuk mengetahui gambaran kecemasan ibu hamil trimester III pada masa pandemi di puskesmas Muara Jawa

Metode : Penelitian ini menggunakan metode deskriptif dengan pendekatan kuantitatif. Penentuan responden menggunakan *Purposive Samplig*. Responden dalam penelitian ini 25 orang. Teknik pengumpulan data menggunakan kuesioner.

Hasil : Hasil penelitian kecemasan ibu hamil trimester III pada masa pandemi dipuskesmas muara jawa yaitu ibu hamil banyak mengalami kecemasan pada masa pandemi yaitu sebanyak 14 responden (56%), dan 11 responden (44%) tidak mengalami kecemasan.

Saran : Diharapkan tenaga kesehatan untuk lebih meningkatkan pelayanan kepada ibu hamil termasuk tentang kecemasan ibu hamil trimester III dimasa pandemi sehingga tenaga kesehatan mampu memahami dan dapat mengaplikasikannya dalam memberikan pelayanan secara efektif di puskesmas muara jawa.

**Kata kunci : Kecemasan, Ibu Hamil, Pandemi Covid-19
Kepustakaan : 37 (2010-2020)**

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**ANXIETY DESCRIPTION OF TRIMESTER III PREGNANT WOMEN
DURING THE PANDEMIC PERIOD AT MUARA JAWA COMMUNITY
HEALTH CENTER**

Xvi + 47 page + 7 tables + 2 pictures + 12 attachments

ABSTRACT

Background: Anxiety can be felt by everyone if they experience deep pressure and feelings that cause psychiatric problems and can develop over a long period of time. Especially in women, women are strongly associated with hormonal changes. So, women are more easily anxious. With this pandemic, the anxiety of pregnant women during the Covid-19 (Corona Virus Disease) pandemic, pregnant women feel increasingly anxious, especially for pregnant women in their third trimester who are going to give birth. The problems such as anxiety experienced by mothers are still a serious health problem in the community.

Purpose: This study aims to describe the anxiety of third trimester pregnant women during the pandemic at Muara Jawa Community Health Center

Methods: This study uses a descriptive method with a quantitative approach. Determination of respondents using purposive sampling. Respondents in this study 25 people. The data collection technique used a questionnaire.

Results: The results of the research on the anxiety of pregnant women in the third trimester during the pandemic at the Muara Jawa Center were that pregnant women experienced a lot of anxiety during the pandemic, namely 14 respondents (56%), and 11 respondents (44%) did not experience anxiety.

Suggestion: It is hoped that health workers can further improve services to pregnant women including about the anxiety of pregnant women in the third trimester during the pandemic so that health workers are able to understand and be able to apply it in providing effective services at the Puskesmas Muara Jawa.

Keywords : anxiety, pregnant women, covid-19 pandemic

Bibliography : 37 (2010-2020)