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PENGARUH PENDIDIKAN KESEHATAN PRANIKAH TERHADAP PENGETAHUAN CALON PENGANTIN TENTANG PERSIAPAN PERNIKAHAN DI KUA PRAYA LOMBOK TENGAH

ABSTRAK

Latar Belakang: Fenomena kasus perceraian banyak terjadi pada saat ini. Di Indonesia menggapai 1.837.185 kasus perceraian yang menunjukkan angka yang cukup signifikan. Faktor penyebab perceraian di antara lain seperti adanya zina, mabuk, judi, meninggalkan salah satu pihak, dihukum penjara, poligami, KDRT (Kekerasan Dalam Rumah Tangga), cacat badan, perselisihan dan pertengkaran, kawin paksa, murtad, ekonomi. Dari hasil wawancara dari 10 responden diketahui 2 responden telah mengetahui persiapan pranikah, sedangkan 8 responden belum mengetahui pengertian persiapan pranikah dan apa manfaat dan pentingnya pemeriksaan sebelum menikah. Sebagai usaha untuk meningkatkan pengetahuan calon pengantin. Maka diadakan penyuluhan tentang persiapan pranikah pada calon pengantin. Tujuan penelitian ini untuk Mengetahui pengaruh pendidikan kesehatan pranikah terhadap pengetahuan calon pengantin tentang persiapan pernikahan di KUA Kecamatan Praya Lombok Tengah.

Metode: Jenis penelitian yang digunakan dalam penelitian adalah penelitian kuantitatif dengan pendekatan *Pre-eksperiment one group pre and pos test design*. Populasi dalam penelitian ini yaitu 44 calon pengantin laki-laki dan wanita. Sampel yang digunakan peneliti sebanyak 36 responden. Teknik pengambilan sampel menggunakan purposive sampling yang sesuai dengan kriteria peneliti. Alat pengumpulan data yang digunakan menggunakan kuisioner. Analisis univariat yang digunakan pada penelitian adalah mean, median, Std. Deviasi, minimum dan maximum. Sedangkan analisis bivariat menggunakan *Uji Wilcoxon*.

Hasil: Pengetahuan calon pengantin sebelum diberikan pendidikan kesehatan tentang persiapan pranikah nilai rata-rata 52.68 dan sesudah diberikan pendidikan kesehatan tentang persiapan pranikah nilai rata-rata 74.00. Hasil uji normalitas data menggunakan Shapiro Wilk data tidak berdistribusi normal. Selanjutnya dilakukan uji Wilcoxon dengan P Value sebesar $0.000 < 0.05$ sehingga data berdistribusi normal, maka H_0 ditolak dan H_a diterima.

Simpulan: Ada pengaruh pendidikan kesehatan pranikah terhadap pengetahuan calon pengantin tentang persiapan pranikah di KUA Praya Lombok Tengah

Kata Kunci: pengetahuan calon pengantin, persiapan pranikah

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**THE INFLUENCE OF PRANNAL HEALTH EDUCATION ON THE
KNOWLEDGE OF THE BRIDAL PROSPECTIVE ABOUT WEDDING
PREPARATION IN KUA PRAYA CENTRAL LOMBOK**

ABSTRACT

Background:The phenomenon of divorce cases is common at this time. In Indonesia, it reached 1,837,185 divorce cases, which shows a significant number. Factors who cause divorce include adultery, drunkenness, gambling, leaving one party, sentenced to prison, polygamy, KDRT (Domestic Violence), disability, disputes and quarrels, forced marriage, apostasy, economy. From the results of the interviews with 10 respondents, it was found that 2 respondents had known pre-marriage preparation, while 8 respondents did not know the meaning of pre-marriage preparation and what the benefits and importance of pre-marriage examination were. In an effort to increase the knowledge of the prospective bride and groom. Then there was a counseling about prenuptial preparation for the prospective bride and groom. The purpose of this study was to determine the effect of pre-marital health education on the knowledge of the prospective bride and groom about marriage preparation in KUA Praya District, Central Lombok.

Method:The type of research used in this research is quantitative research with the pre-experimental approach of one group pre and post test design. The population in this study were 44 prospective brides and grooms. The sample used by researchers was 36 respondents. The sampling technique used purposive sampling in accordance with the criteria of the researcher. Data collection tools used were questionnaires. The univariate analysis used in the study was the mean, median Std. Deviation, minimum and maximum. While the bivariate analysis used the Wilcoxon test.

Result:The knowledge of the prospective bride and groom before being given health education about prenuptial preparation an average score of 52.68 and after being given health education about pre-marriage preparation the average score is 74.00. The results of the data normality test using the Shapiro Wilk data were not normally distributed. Furthermore, the Wilcoxon test was carried out with a P value of 0.000 <0.05 so that the data were normally distributed, so Ho was rejected and Ha was accepted.

Conclusion:There is an effect of pre-marital health education on the knowledge of the prospective bride and groom about pre-marriage preparation at KUA Praya Lombok Tengah.

Keywords: knowledge of the bride and groom, prenuptial preparation