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**HUBUNGAN DUKUNGAN SUAMI DENGAN TINGKAT KECEMASAN  
IBU HAMIL PRIMIGRAVIDA TRIMESTER III DALAM MENGHADAPI  
PROSES PERSALINAN DI PUSKESMAS BERGAS KABUPATEN  
SEMARANG TAHUN 2020**  
(xviii+55 halaman + 2 gambar +11 tabel +15 lampiran)

**ABSTRAK**

**Latar belakang :** Angka kejadian kecemasan pada ibu hamil di Indonesia mencapai 373.000.000. Sebanyak 107.000.000 (28,7%) diantaranya kecemasan terjadi pada ibu hamil menjelang proses persalinan. Kecemasan yang dialami oleh ibu hamil primigravida trimester III disebabkan oleh perasaan khawatir terhadap persalinan adapun faktor yang mempengaruhi kecemasan pada ibu hamil primigravida trimester III salah satunya adalah dukungan suami. Tujuan dari penelitian ini adalah untuk Mengetahui hubungan dukungan suami dengan tingkat kecemasan ibu hamil primigravida trimester III dalam menghadapi proses persalinan di puskesmas Bergas Kabupaten Semarang

**Metode :** Penelitian ini menggunakan survey analitik dengan pendekatan *cross sectional*. Teknik pengambilan sampel secara *total sampling* Responden penelitian ini berjumlah 30 ibu hamil primigravida trimester III. Dukungan suami dan tingkat kecemasan diukur dengan kuisioner. Analisa data menggunakan uji statistik *Chi-Square*.

**Hasil :** Hasil penelitian menunjukkan bahwa sebagian besar ibu hamil yang mendapatkan dukungan dari suami dan tidak cemas yaitu sebanyak 13 ibu hamil (81,2%). Di samping itu, ibu hamil yang tidak mendapatkan dukungan suami dan mengalami cemas ringan yaitu sebanyak 9 ibu hamil (64,3%). tidak ada ibu hamil yang mengalami kecemasan sedang dan berat. Hasil analisa *Chi-Square* didapatkan nilai *p value*  $0,03 < 0,05$  dengan taraf signifikan  $\alpha$  5% (0,05). **Kesimpulan :** Dapat disimpulkan bahwa terdapat hubungan antara dukungansuami dengan kecemasan menghadapi persalinan pada ibu hamil primigravida trimester III di Puskesmas Bergas Kabupaten Semarang . Diharapkan suami untuk meningkatkan partisipasinya dalam proses kehamilan sampai masa persalinan

**Kata kunci :** Dukungan Suami, Kecemasan, Ibu Hamil Primigravida TM III.  
**Kepustakaan :**20 (2010-2020)

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**RELATIONSHIP SUPPORT RELATIONSHIP WITH THE ANXIETY LEVEL OF PRIMIGRAVID TRIMESTER III PREGNANT WOMEN IN FACING THE PROCESS OF LABOR AT PUSKESMAS BERGAS SEMARANG DISTRICT, 2020**

(xviii+55 page + 2 Pictures + 11 table + 15 Appendias)

**ABSTRACT**

**Background :** The incidence of anxiety in pregnant women in Indonesia reaches 373,000,000. A total of 107,000,000 (28.7%) of which anxiety occurs in pregnant women before the delivery process. Anxiety experienced by third trimester primigravida pregnant women is caused by feelings of worry about childbirth as for the factors that influence anxiety in third trimester primigravida pregnant women, one of which is husband's support. The purpose of this study was to determine the relationship between husband's support and the level of anxiety of third trimester primigravida pregnant women in facing the labor process at the Bergas puskesmas, Semarang Regency.

**Method :** This study used a correlation study with a cross sectional approach. Sampling technique was taken by total sampling. The respondents of this study were 30 pregnant women trimester III primigravida. Husband's support and level of anxiety were measured by a questionnaire. Data analysis used Chi-Square statistical test.

**Result :** The results showed that the majority of pregnant women who received support from their husbands and were not anxious were 13 pregnant women (81.2%) In addition, 9 pregnant women who did not get support from their husbands and experienced mild anxiety were pregnant women (64.3%). none of the pregnant women experienced moderate and severe anxiety. Chi-Square analysis results obtained p value  $0.03 < 0.05$  with a significant level of  $\alpha 5\%$  (0.05).

**Conclusion:** It can be concluded that there is a relationship between husband's support and anxiety in facing childbirth in third trimester primigravida pregnant women at the Puskesmas Bergas, Semarang Regency. It is hoped that the husband will increase his participation in the pregnancy process until delivery

**Keywords :** Husband's Support, Anxiety, Pregnant Women Primigravida TM III.

**Literatue :** 20 (2010-2020)