

Ngudi Waluyo University  
Pharmacy Study Program, Faculty of Health  
Thesis, August 2021  
Ahmad Reanaldy  
52191122

**EVALUATION OF COMPLIANCE RATE OF TAKING MEDICINE IN  
HYPERTENSION PATIENTS IN BUANA MEGA DRUG STORE TANAH BUMBU  
DISTRICT**

**(LIV + 45 page + 2 images + 9 tables + 11 attachments)**

**ABSTRACT**

**Background :** Hypertension is the most common disease suffered by the people of Indonesia which can occur as a result of one of the problems that often arise from lifestyle changes, such as consuming foods with high salt content, hypertension is estimated to be the cause of various serious diseases and their complications. The purpose of the study was to determine the level of adherence to taking hypertension medication of patients at Apotek Buana Mega and to determine the factors that cause patient non-compliance in taking hypertension medication.

**Methods :** This type of research is non-experimental with an observational nature with descriptive data presentation. The data collection method was carried out prospectively using the Morisky Medication Adherence Scale (MMAS-8) questionnaire.

**Result :** The level of adherence to taking medication in hypertensive patients at Apotek Buana Mega Batulicin is High Compliance. With a high compliance level of 29 people (58%), a moderate level of compliance 21 people (42%) and a low level of compliance 0 people (0%).

**Conclusion :** The level of patient compliance at Apotek Buana Mega is High Compliance.

**Keywords :** Compliance, Hypertension, Pharmacy, MMAS-8

**Literature :** 32 (2011-2020)