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Ranie Robiatul Adawiyah
012191009

Hubungan Pengetahuan Dan Sikap Masyarakat dengan Perilaku *Physical Distancing* Sebagai Upaya Pencegahan *Covid 19* di RW 01 Kelurahan Gedanganak Ungaran Timur

ABSTRAK

Latar Belakang: Masyarakat memiliki pengaruh besar dalam menerapkan *physical distancing*, sebagai upaya untuk memutus rantai penularan penyakit Covid-19. Maka pengetahuan masyarakat perlu ditingkatkan agar membentuk sikap yang mendukung untuk tercapainya perilaku *physical distancing* dengan baik.

Tujuan: Untuk mengetahui hubungan pengetahuan dan sikap masyarakat dengan perilaku *physical distancing* sebagai upaya pencegahan *Covid-19* di RW 01 Kelurahan Gedanganak Kecamatan Ungaran Timur.

Metode: Penelitian ini menggunakan metode *cross sectional survey*. Populasi penelitian ini sebanyak 1.198 dengan usia 20-59 tahun. Teknik sampling yang digunakan *porposionate clustering* dengan sampel sebanyak 90 responden. Pengumpulan data dan kuesioner menggunakan google form. Analisa data menggunakan *Chi Square*.

Hasil: Hasil penelitian dari 90 responden menunjukkan masyarakat dengan tingkat pengetahuan baik sebesar 73,3%, sikap mendukung sebesar 80% dan perilaku baik sebesar 84,4%. Hasil uji chi square hubungan pengetahuan dengan perilaku didapatkan nilai p value $0,020 < \alpha 0,05$, OR = 4.000, CI 95% = 1.175 s/d 13.616 dan hubungan sikap dengan perilaku didapatkan nilai p value $0,000 < \alpha 0,05$, OR = 32.000, CI = 95%.

Kesimpulan: Ada hubungan pengetahuan dengan perilaku *physical distancing* dan ada hubungan sikap dengan perilaku *physical distancing* sebagai upaya pencegahan *Covid-19* di RW 01 Kelurahan Gedanganak Kecamatan Ungaran Timur

Saran: Diharapkan masyarakat lebih meningkatkan kepatuhan dalam melaksanakan *physical distancing* sebagai upaya pencegahan *Covid-19*

Kata Kunci; Pengetahuan, Sikap, Perilaku, *Covid-19*

Ngudi Waluyo University
S1 Nursing Study Program, Faculty of Health
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Ranie Robiatul Adawiyah
012191009

The Correlation Between Public's Knowledge And Attitude With Physical Distancing Behavior To Prevent Covid 19 At RW 01 Kelurahan Gedanganak Ungaran Timur

ABSTRACT

Background: Public has a major influence in applying physical distancing behaviour, in order to stop the spread of COVID-19, Public has to be given more knowledge regarding COVID-19 so they will apply physical distancing behaviour well.

Purpose: To see the relationship between people's knowledge and attitudes with physical distancing behavior as prevention of Covid-19 at RW 01 Kelurahan Gedanganak Kecamatan Ungaran Timur.

Method: this research is using Quantitative method by using cross sectionel survey approach. Population sample on this research is about 1.198 people aged from 20-59 years old. sampling technique used is porposionate clustering by taking 90 respondent. Data collection method used is Questionnaire by using Google form. Chi Square used as data analysis method.

Result: The results of the research 90 respondents showed that people with a good level of knowledge were 73,3%, a supportive attitude was 80% and good behavior was 84,4%. The results of the chi square test of the relationship between knowledge and behavior obtained p value $0,020 < \alpha 0,05$, OR = 4.000, CI 95% = 1.1175 to 13.616 and the relationship between attitude and behavior p value $0,000 < \alpha 0,05$, OR = 32.000, CI 95% = 6.339 to 161.529.

Conclusion: there is relationship between knowledge and physical distancing behavior and there is a relationship between attitude and physical distancing behavior as an effort to prevent Covid-19 at RW 01 Gedanganak Ungaran Timur.

Suggestion: researcher suggest people to be more obedient in applying physical distancing to prevent Covid-19

Key term; Knowledge, attitude, behaviour, Covid-19