

Universitas Ngudi Waluyo Ungaran

Program Studi S1 Keperawatan

Skripsi, Januari 2021

Putri Khunaezah

010117A077

GAMBARAN PSIKOLOGIS PERAWAT YANG MEMBERIKAN ASUHAN KEPERAWATAN PASIEN COVID-19 DIRUMAH SAKIT UMUM DAERAH BREBES

ABSTRAK

Latar belakang : Rumah sakit merupakan suatu institusi yang fungsi utamanya memberikan pelayanan kesehatan kepada masyarakat. Salah satu bagian yang berperan penting dalam meningkatkan kualitas pelayanan kesehatan yaitu pelayanan keperawatan, Peran penting petugas kesehatan selama pandemi membuat mereka lebih rentan terhadap kecemasan dan stres, depresi pada perawat

Tujuan : Mengetahui Gambaran Psikologis Perawat Yang Memberikan Asuhan Keperawatan Pasien Covid-19 Dirumah Sakit Umum Daerah Brebes

Metode : Desain penelitian menggunakan jenis penelitian deskriptif analitik dengan pendekatan cross section section menggunakan pengukuran sebagai alat pengumpulan data, Populasi dalam penelitian ini adalah perawat yang bertugas menangani pasien covid-19 di Rumah Sakit Umum Daerah Brebes sebanyak 80 orang perawat, Teknik sampling yang digunakan teknik purposive sampling dengan jumlah sampel sebanyak 45 responden, Analisis data menggunakan analisis univariat.

Hasil : Perawat yang menangani pasien covid-19 sejumlah 45 perawat terdiri dari 23 perempuan atau 51,1 % dan laki-laki sebanyak 22 atau 48,9 %.Sebagian besar perawat pada psikologis perawat ditinjau dari kategori depresi normal sebanyak 16 perawat atau 36,3%.Sebagian besar perawat pada psikologis perawat ditinjau dari kategori kecemasan sangat parah sebanyak 19 atau 42,2%.Sebagian besar perawat pada psikologis perawat ditinjau dari kategori stress normal sebanyak 23 perawat atau 51,1%.

Saran : Perawat harus memiliki strategi koping yang baik agar bisa meminimalisir gangguan psikologis selama memberikan asuhan keperawatan pasien covid-19

Kata Kunci : Psikologis, Asuhan Keperawatan , Covid-19

Ngudi Waluyo Ungaran University

S1 Nursing Study Program

Final Assignment, January 2021

Putri Khunaezah

010117A077

PSYCHOLOGICAL DESCRIPTION OF NURSES PROVIDING NURSING CARE FOR COVID-19 PATIENTS IN BREBES REGIONAL PUBLIC HOSPITAL

ABSTRACT

Background: Hospital is an institution whose main function is to provide health services to the community. One part that plays an important role in improving the quality of health services is nursing services. The important role of health workers during a pandemic makes them more vulnerable to anxiety and stress, depression in nurses

Purpose: Knowing the Psychological Picture of the Nurse Who Provides Nursing Care for Covid-19 Patients at the Brebes Regional General Hospital

Methods: The research design used descriptive analytic research type with a cross section section approach using measurement as a data collection tool. The population in this study were nurses who were in charge of handling Covid-19 patients at the Brebes Regional General Hospital as many as 80 nurses, the sampling technique used was the technique. purposive sampling with a sample size of 45 respondents. Data analysis used univariate analysis.

Results: The nurses who handled Covid-19 patients were 45 nurses consisting of 23 women or 51.1% and 22 or 48.9% men. Most of the nurses who were psychological nurses in terms of normal depression were 16 nurses or 36, 3%. Most of the nurses in the psychological nurse category in terms of very severe anxiety category as much as 19 or 42.2%. Most of the nurses on the psychological nurse in terms of normal stress category were 23 nurses or 51.1%.

Suggestion: Nurses must have a good coping strategy in order to minimize psychological disorders while providing nursing care for covid-19 patients **Keywords:** Psychological, Nursing Care, Covid-19