

Universitas Ngudi Waluyo
Program Studi S1 Keperawatan ,Fakultas Kesehatan
Skripsi
Nurma Yuliani
010117A072

**GAMBARAN KEPATUHAN REMAJA TERHADAP PROTOKOL KESEHATAN DI
ERA PANDEMI COVID-19 PADA REMAJA DESA SRATEN KECAMATAN
TUNTANG KABUPATEN SEMARANG**

ABSTRAK

Latar belakang : Covid-19 telah ditetapkan sebagai pandemi di seluruh dunia. Sebagai upaya pencegahan dan pengendalian penularan Covid-19 masyarakat diwajibkan mematuhi protokol kesehatan dengan menggunakan masker, mencuci tangan pakai sabun, physical distancing, dan pola hidup bersih dan sehat. Tujuan penelitian ini untuk mengetahui gambaran kepatuhan remaja terhadap protokol kesehatan di era pandemi Covid-19 pada remaja Desa Sraten Kecamatan Tuntang Kabupaten Semarang

Metode : desain penelitian ini adalah *deskriptif*, jumlah sampel sebanyak 90 sampel dan menggunakan teknik pengambilan sampel *consecutive sampling*, pengambilan data menggunakan kuesioner. Teknis pengolahan data dengan analisis univariat dengan distribusi frekuensi nilai presentase dan proporsi.

Hasil : hasil menunjukkan bahwa kepatuhan terhadap protokol kesehatan masuk dalam kategori tinggi sebanyak 48 responden (53,3%) kategori sedang sebanyak 41 responden (45,6%) dan kategori rendah 1 responden (1,1%).

Saran : perlu meningkatkan kepatuhan terhadap protokol kesehatan untuk keefektifan pencegahan penyebaran Covid-19

Kata Kunci : Kepatuhan Remaja, Protokol Kesehatan

Universitas Ngudi Waluyo
Nursing Study Program, Faculty of Health
Final Project
Nurma Yuliani
010117A072

**THE DESCRIPTION OF ADOLESCENT OBEDIENCE TOWARD
HEALTH PROTOCOLS IN THE ERA OF COVID-19 PANDEMIC IN
ADOLESCENTS AT SRATEN VILLAGE, TUNTANG SUB-DISTRICT, SEMARANG
REGENCY**

Background: Covid-19 has been declared a pandemic worldwide. As an effort to prevent and control the transmission of Covid-19, people are required to obey health protocols by using masks, washing hands with soap, conducting physical distancing, and a clean and healthy lifestyle. The purpose of this study is to describe adolescent obedience toward health protocols in the era of the Covid-19 pandemic in adolescents at Sraten Village, Tuntang Sub-District, Semarang Regency.

Method: This research method was descriptive, the total samples were 90 samples and used consecutive sampling technique, data collection used a questionnaire. The data processing technique used univariate analysis with a frequency distribution of percentage values and proportions.

Results: The results show that the obedience toward health protocols in high category as many as 48 respondents (53.3%), in medium category as many as 41 respondents (45.6%) and in low category is 1 respondent (1.1%).

Suggestion: it is necessary to increase obedience toward health protocols for the effectiveness in preventing the spread of Covid-19

Keywords: Adolescent Obedience, Health Protocol