

Universitas Ngudi Waluyo, Ungaran
Program Studi Kebidanan, Fakultas Kesehatan
Skripsi, Februari 2021
Indri Tri Rezeki
152191113

Hubungan Dukungan Suami Dengan Pemberian ASI Eksklusif Di BPM Citra Insani Semarang Tahun 2020
(xiv + 74 halaman + 6 tabel + 12 lampiran)

ABSTRAK

Latar Belakang: Secara global menurut WHO (2017) angka pemberian ASI eksklusif adalah 40%. Cakupan ASI eksklusif di Indonesia (2019) sebesar 67,74% telah melebihi target Renstra 2019 sebesar 50% sedangkan cakupan ASI eksklusif di provinsi Jawa Tengah sebesar 69,46% dan di kota Semarang sebesar 78,0%. Dukungan suami memiliki peran yang besar dalam memberikan motivasi kepada ibu untuk memberikan ASI eksklusif. Tujuan penelitian ini adalah untuk mengetahui hubungan dukungan suami dengan pemberian ASI eksklusif di BPM Citra Insani Semarang tahun 2020.

Metode: Penelitian ini merupakan penelitian kuantitatif dengan jenis penelitian observasional analitik dan pendekatan *cross sectional*. Populasi penelitian ini adalah semua ibu yang mempunyai anak usia 7-24 bulan yang melakukan posyandu balita di BPM Citra Insani Semarang sebanyak 90 orang, dengan sampel sebanyak 60 responden dan teknik sampling yang digunakan adalah *Accidental Sampling*. Instrumen yang digunakan dalam penelitian ini adalah kuesioner dan peneliti melakukan analisis univariat dan analisis bivariat.

Hasil: Hasil uji analisis univariat diperoleh bahwa sebagian dari responden memberikan ASI eksklusif yaitu sebesar 51,7%. Sedangkan sebagian lainnya tidak memberikan ASI eksklusif yaitu sebesar 48,3%, kemudian sebagian dari responden mendapatkan dukungan suami kurang yaitu sebesar 41,7% dan hanya sebagian kecil dari responden mendapatkan dukungan suami cukup yaitu sebesar 25,0%. Analisis bivariate diperoleh ada hubungan antara dukungan suami dengan pemberian ASI eksklusif ($p=0,001$).

Simpulan: Semakin baik dukungan suami semakin baik pemberian ASI eksklusif. Suami sebaiknya memberikan dukungan informasional, dukungan emosional, dukungan instrumental, dan dukungan penghargaan pada istrinya dalam proses pemberian ASI eksklusif.

Kata kunci: ASI eksklusif, Dukungan suami
Kepustakaan: 43 (2010-2020)

Ngudi Waluyo University, Ungaran
Study Program of Midwifery, Faculty of Health
Final Project, February 2021
Indri Tri Rezeki
152191113

Relationship between Husband's Support and Exclusive Breastfeeding at BPM Citra Insani Semarang in 2020
(xiv + 74 pages + 6 tables + 12 attachments)

ABSTRACT

Background: Globally according to WHO (2017) the rate of exclusive breastfeeding is 40%. Exclusive breastfeeding coverage in Indonesia (2019) of 67.74% has exceeded the 2019 Strategic Plan target of 50%, while exclusive breastfeeding coverage in the province of Central Java is 69.46% and in the city of Semarang is 78.0%. Husband's support has a big role in motivating mothers to provide exclusive breastfeeding. The purpose of this study was to determine the relationship between husband's support and exclusive breastfeeding at BPM Citra Insani Semarang in 2020.

Methods: This research is a quantitative research with analytic observational research type and cross sectional approach. The population of this research is all mothers who have children aged 7-24 months who do posyandu for toddlers at BPM Citra Insani Semarang as many as 90 people, with a sample of 60 respondents and the sampling technique used is Accidental Sampling. The instrument used in this study was a questionnaire and the researcher conducted a univariate and bivariate analysis.

Results: The results of the univariate analysis test showed that some of the respondents gave exclusive breastfeeding, namely 51.7%. While some others did not provide exclusive breastfeeding, which was 48.3%, then some of the respondents received less support from their husbands, namely 41.7% and only a small proportion of respondents received sufficient support from their husbands, namely 25.0%. Bivariate analysis showed that there was a relationship between husband's support and exclusive breastfeeding ($p = 0.001$).

Conclusion: The better the husband's support, the better exclusive breastfeeding. Husbands should provide informational support, emotional support, instrumental support, and appreciation support to their wives in the process of exclusive breastfeeding.

Keywords: Exclusive breastfeeding, Husband's support
Literature: 43 (2010-2020)