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GAMBARAN PENGETAHUAN IBU NIFAS TENTANG PIJAT OKSITOSIN DI DESA BRANJANG TAHUN 2020

ABSTRAK

Latar Belakang : Menurut data profil kesehatan Indonesia 2016 tentang cakupan ASI eksklusif secara nasional pada bayi 0 – 5 bulan sebesar 54,0% dan bayi sampai usia enam bulan adalah sebesar 29,5%. Sedangkan di Dinas Kesehatan Kabupaten Semarang Tahun 2014 Cakupan bayi yang di beri ASI eksklusif di Kabupaten Semarang Tahun 2014 sebesar 21,3% menurun bila dibandingkan Tahun 2013 sebanyak 36,29%. Hasil studi pendahuluan yang dilakukan banyak ibu nifas menjawab tidak mengetahui tentang pijat oksitosin.

Metode : Jenis penelitian ini menggunakan deskriptif. Populasi dalam penelitian ini yaitu seluruh ibu nifas di pada 2 januari 2021 sehingga pengambilan sampel dengan metode *total sampling* yaitu 30 responden dengan alat pengumpulan data berupa kuesioner.

Hasil : Hasil penelitian menunjukkan bahwa pengetahuan ibu Tentang Pijat Oksitosin sebagian besar dikategorikan kurang, yaitu sejumlah 18 responden (60.0%), dan berpengetahuan cukup sejumlah 3 responden (10.0%). Sebagian besar pengetahuan ibu kurang, dikarenakan ibu dengan tingkat pendidikan SMA sebanyak 23 responden (76,7%), Selain itu, sebagian besar ibu bekerja sebanyak 16 responden (53.3%).

Simpulan : Hasil Penelitian dapat disimpulkan bahwa sebagian besar ibu nifas tentang pijat oksitosin berpengetahuan kurang (60.0%).

Kata kunci : Pengetahuan, Pijat Oksitosin, Ibu Nifas

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DESCRIPTION OF PUBLIC MOTHER'S KNOWLEDGE ABOUT OXYTOSIN MASSAGE IN LEREP PUSKESMAS REGIONIN 2020

Abstract

Background: According to the 2016 Indonesian health profile data on the national coverage of exclusive breastfeeding for infants 0 - 5 months of 54.0% and infants up to six months of age, it is 29.5%. Whereas in the Semarang District Health Office in 2014, the coverage of babies who were exclusively breastfed in Semarang Regency in 2014 was 21.3%, decreasing compared to 2013 which was 36.29%. The results of preliminary studies conducted by many postpartum mothers answered that they did not know about oxytocin massage.

Method : This type of research uses descriptive. The population in this study were all postpartum mothers on January 2, 2021, so that the total sampling method was 30 respondents using a questionnaire data collection tool.

Result : The results showed that most of the mothers' knowledge about oxytocin massage was categorized as lacking, namely a number of 18 respondents (60.0%), and sufficient knowledge of 3 respondents (10.0%). Most of the mothers' knowledge was lacking, because mothers with high school education level were 23 respondents (76.7%). In addition, most of the mothers worked as many as 16 respondents (53.3%).

Conclusion: The results of the study concluded that most of the postpartum mothers about oxytocin massage had less knowledge (60.0%).

Keywords: Knowledge, Oxytocin Massage, Postpartum Mother

