

Universitas Ngudi Waluyo
Program Studi S1 Kebidanan Transfer
Fakultas Ilmu Kesehatan
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Meli Suwarsih
152191182

GAMBARAN PENGETAHUAN AKSEPTOR KB SUNTIK DMPA TENTANG KONTRASEPSI DMPA DI PUSKESMAS LEYANGAN TAHUN 2020

ABSTRAK

Latar Belakang: Kontrasepsi suntik efektif untuk mencegah kehamilan 0,3 kehamilan per 100 perempuan, memiliki sedikit efek samping dan dapat mengurangi risiko infertilitas primer hingga 40%. Hasil wawancara terhadap 4 akseptor mengenai kontrasepsi DMPA, 1 akseptor mengetahui pengertian, keuntungan, keterbatasan, kontraindikasi dan indikasi, 2 akseptor tidak tahu cara kerja, keterbatasan dan waktu mulai menggunakan, 1 akseptor lagi tidak tahu efektivitas, indikasi dan kontraindikasi kontrasepsi DMPA.

Tujuan Penelitian: Untuk mengetahui gambaran tingkat pengetahuan akseptor tentang kontrasepsi DMPA di Puskesmas Leyangan.

Metode Penelitian: Jenis penelitian *deskriptif kuantitatif* dengan pendekatan *cross sectional*. Analisa data univariat. Populasi januari-oktober 132 orang yang berkunjung, sampel 57 orang dengan metode *accidental sampling* selama 7 hari. Instrument penelitian kuesioner tertutup.

Hasil Penelitian: Tingkat pengetahuan akseptor KB suntik DMPA di Puskesmas Leyangan tentang pengertian kategori cukup 27 orang (47,4%), cara kerja kategori cukup 29 orang (50,8%), efektivitas kategori cukup 29 orang (50,9%), keuntungan kategori cukup 36 orang (63,1%), keterbatasan kategori cukup 38 orang (66,7%), yang dapat menggunakan kontrasepsi kategori cukup 39 orang (68,5%), yang tidak dapat menggunakan kontrasepsi kategori cukup 36 orang (63,2%), waktu menggunakan kontrasepsi kategori cukup 35 orang (61,4%), dan cara menggunakan kontrasepsi kategori cukup 40 orang (70,2%).

Kesimpulan: Tingkat pengetahuan Akseptor KB Suntik DMPA Tentang Kontrasepsi DMPA Di Puskesmas Leyangan dalam kategori cukup yaitu 40 orang (70,2%)

Kunci: Pengetahuan, Akseptor KB, Kontrasepsi DMPA

Ngudi Waluyo University
Transfer Midwifery Undergraduate Study Program
Faculty of Health Sciences
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Meli Suwarsih
152191182

DESCRIPTION OF THE KNOWLEDGE OF THE DMPA INJECTING KB ACCEPTORS ABOUT DMPA CONTRACEPTION AT LEYANGAN'S HEALTH CENTER, 2020

ABSTRACT

Background: *Injectable contraceptives are effective at preventing pregnancy in 0.3 pregnancies per 100 women, have few side effects and can reduce the risk of primary infertility by up to 40%. The results of interviews with 4 acceptors regarding DMPA contraception, 1 acceptor knew the meaning, advantages, limitations, contraindications and indications, 2 acceptors did not know how to work, limitations and time to start using, 1 acceptor again did not know the effectiveness, indication and contraindication of DMPA contraception.*

Research Objectives: *This is to describe the level of knowledge of acceptors about DMPA contraception at the Leyangan Health Center.*

Methods: *This type of descriptive quantitative research with cross sectional approach. Univariate data analysis. Population from January to October 132 people who visited, sample 57 people with the accidental sampling method for 7 days. Closed questionnaire research instrument.*

Results: *The level of knowledge of DMPA injection family planning acceptors at the Leyangan Community Health Center regarding the definition of adequate category was 27 people (47.4%), 29 people (50.8%) sufficient category worked, 29 people (50.9%) sufficient category effectiveness the benefit category is enough 36 people (63.1%), limited category is enough 38 people (66.7%), 39 people can use contraception (68.5%), 36 people can not use contraception category enough (63 , 2%), when using a contraceptive category was enough for 35 people (61.4%), and how to use contraception in the category was enough for 40 people (70.2%).*

Conclusion: *The level of knowledge of DMPA injection family planning acceptors about DMPA contraception at Leyangan Health Center was in the sufficient category, namely 40 people (70.2%)*

Key: *Knowledge, family planning acceptors, DMPA contraception*