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Gambaran Pengetahuan Ibu Hamil Tentang Anemia di PMB Hj.Izzah Al Fawaidah, S.ST

(xvii+ 78 halaman+ 7 tabel+ 2 gambar+ 5 lampiran)

ABSTRAK

Latar Belakang : Depkes RI 2019 menyebutkan penyebab kematian ibu terbanyak di Indonesia adalah perdarahan. Anemia pada ibu hamil merupakan penyebab terjadinya perdarahan yang menjadi faktor utama kematian ibu di Indonesia. Pengetahuan ibu hamil tentang kesehatan khususnya anemia akan berpengaruh terhadap perilaku ibu hamil pada pelaksanaan program pencegahan anemia. Berdasarkan studi pendahuluan di PMB Hj.Izzah Al Fawaidah, S.ST Kismantoro yang dilakukan terhadap 8 ibu hamil didapatkan hasil 5 ibu hamil belum bisa menjawab pengertian anemia, penyebab anemia, bahaya anemia terhadap ibu dan janin, dan tidak patuh mengkonsumsi tablet Fe karena tidak mengerti manfaat tablet fe, dan 3 ibu hamil belum bisa menjawab bahaya anemia pada ibu dan janin, dan patuh mengkonsumsi tablet fe. Tujuan penelitian untuk mengetahui gambaran pengetahuan ibu hamil tentang anemia di PMB Hj.Izzah Al Fawaidah, S.ST.

Metode : Metode penelitian ini menggunakan metode deskriptif. Penelitian dilakukan pada tanggal 19 Desember 2020 – 23 Desember 2020 di PMB Hj.Izzah Al Fawaidah, S.ST Kismantoro dengan populasi ibu sebanyak 99 ibu hamil dan sampel 50 ibu hamil. Teknik pengambilan sampel menggunakan *purposive sampling*. Instrumen penelitian menggunakan kuesioner. Analisis data yaitu analisis univariat.

Hasil : Hasil penelitian menunjukkan pengetahuan ibu hamil tentang anemia di PMB Hj.Izzah Al Fawaidah, S.ST Kismantoro pada kategori baik sebanyak 12 responden (24%), kategori cukup 29 responden (58%), dan kategori kurang sebanyak 9 responden (18%).

Simpulan : Pengetahuan ibu hamil tentang anemia di PMB Hj.Izzah Al Fawaidah, S.ST Kismantoro sebagian besar dalam kategori cukup yaitu 29 responden (58%)

Kata kunci : pengetahuan, ibu hamil, anemia

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Description of knowledge of pregnant women about anemia in PMB Izzah Al Fawaidah, S.ST

(xvii+78 page+ 7 table+ 2 picture+ 5 attachment)

ABSTRACT

Background : The 2019 Ministry of Health stated that the cause of maternal death in Indonesia is bleeding. Anemia in pregnant women is a cause of bleeding which is a major factor in maternal mortality in Indonesia. Knowledge of pregnant women about health, especially anemia, will affect the behavior of pregnant women in implementing anemia prevention programs. Based on a preliminary study at PMB Hj.Izzah Al Fawaidah, S.ST Kismantoro which was conducted on 8 pregnant women, it was found that 5 pregnant women had not been able to answer the definition of anemia, the causes of anemia, the danger of anemia to mother and fetus, and did not comply with Fe tablets because they did not. Understand the benefits of Fe tablets, and 3 pregnant women have not been able to answer the dangers of anemia to the mother and the fetus, and comply with Fe tablets.

Methods : This research method using descriptive method. The study was conducted on 19 December 2020 – 23 December 2020 at PMB Hj.Izzah Al Fawaidah, S.ST Kismantoro with a population of 99 pregnant women and a sample of 50 pregnant women. The sampling technique used purposive sampling. The research instrument used a questionnaire. Data analysis is univariate analysis.

Results : The results showed the knowledge of pregnant women about anemia in PMB Hj. Izzah Al Fawaidah, S.ST Kismantoro in the good category were 12 respondents (24%), sufficient category 29 respondents (58%), and less category were 9 respondents (18%) .

Conclusion : The knowledge of pregnant women about anemia at PMB Hj. Izzah Al Fawaidah, S.ST Kismantoro was mostly in the sufficient category, namely 29 respondents (58%)

Keyword : knowledge, pregnant women, anemia