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Gambaran Pengetahuan WUS Tentang KB Pil di Desa Sempu Kecamatan Nawangan Kabupaten Pacitan Jawa Timur Tahun 2020

ABSTRAK

Latar Belakang : Pil KB kombinasi merupakan alat kontrasepsi hormonal berupa obat dalam bentuk pil yang dimasukkan melalui mulut (diminum). Masih rendahnya penggunaan kontrasepsi Pil dibandingkan dengan metode kontrasepsi lainnya dikarenakan pengetahuan WUS yang masih kurang tentang metode kontrasepsi Pil dan lebih banyak WUS yang menggunakan metode kontrasepsi KB suntik. Tujuan penelitian ini untuk mendeskripsikan pengetahuan WUS tentang KB Pil Di Desa Sempu Kecamatan Nawangan Kabupaten Pacitan.

Metode : Jenis penelitian adalah penelitian deskriptif kuantitatif dengan pendekatan *cross sectional* menggunakan analisis distribusi frekuensi. Populasi dalam penelitian ini adalah akseptor KB pil sejumlah 64 akseptor KB pil di Desa Sempu Kecamatan Nawangan Kabupaten Pacitan. Sampel dalam penelitian ini adalah akseptor KB pil sejumlah 64 akseptor KB pil dengan teknik *total sampling*.

Hasil : Hasil penelitian menunjukkan sebanyak 41 responden (64,1%) memiliki pengetahuan baik tentang pengertian, jenis-jenis, tujuan, efek samping KB Pil. 37 responden (57,8%) memiliki pengetahuan baik tentang indikasi dan kontraindikasi KB Pil. 56 responden (87,5%) memiliki pengetahuan cukup tentang cara kerja, cara pakai, dan efektivitas KB Pil, dan sebanyak 54 responden (84,4%) memiliki pengetahuan baik tentang keuntungan dan kerugian KB Pil.

Kesimpulan: Sebanyak 33 responden (51,6%) di Desa Sempu Kecamatan Nawangan Kabupaten Pacitan memiliki pengetahuan yang baik tentang KB Pil meliputi pengertian KB Pil, jenis-jenis KB Pil, efek samping, Tujuan KB, indikasi dan kontraindikasi KB Pil, cara memakai KB Pil, efektifitas penggunaan KB Pil, serta keuntungan dan kerugian menggunakan KB Pil.

Kata Kunci : Pengetahuan, WUS, KB Pil

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Description of Women of Childbearing Age Knowledge About KB Pil in Sempu Village, Nawangan District, Pacitan Regency, East Java in 2020

ABSTRACT

Background : Combined birth control pills are hormonal contraceptives in the form of drugs that are taken by mouth (taken by mouth). The low use of Pill contraception compared to other contraceptive methods is due to the lack of knowledge of WUS about the Pill contraceptive method and more women who use the injection contraceptive method. The purpose of this study was to describe the knowledge of women women about family planning pills in Sempu Village, Nawangan District, Pacitan Regency.

Method : This type of research is a quantitative descriptive study with a cross sectional approach using frequency distribution analysis. The population in this study were 64 family planning pill acceptors in Sempu Village, Nawangan District, Pacitan Regency. The sample in this study was 64 pill family acceptors with total sampling technique.

Result : The results showed that 41 respondents (64.1%) had good knowledge about the definition, types, objectives, side effects of birth control pills. 37 respondents (57.8%) have good knowledge about the indications and contraindications of birth control pills. 56 respondents (87.5%) had sufficient knowledge about how to work, how to use, and the effectiveness of birth control pills, and as many as 54 respondents (84.4%) had good knowledge about the advantages and disadvantages of the Pill.

Conclusions : A total of 33 respondents (51.6%) in Sempu Village, Nawangan District Pacitan Regency has good knowledge about Pill Family Planning includes the definition of Pill, types of Pill, side effects, Purpose of birth control, indications and contraindications for birth control pills, how to use birth control pills, effectiveness use of birth control pills, and the advantages and disadvantages of using birth control pills.

Kata Kunci : Knowledge, Women of Childbearing Age, KB Pil