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**Hubungan Pengetahuan Ibu dan PHBS Keluarga dengan Dengan Diare Pada Balita di Wilayah Kerja Puskesmas Lerep**  
XV + 67 halaman + 12 tabel + 2 Bagan + 8 lampiran

### ABSTRAK

**Latar belakang:** Diare masih menjadi penyebab morbiditas dan mortalitas balita. Prevalensi diare menurut WHO (2018) sebesar 1,7 miliar anak di dunia sedangkan di Jawa Tengah (2018) 62,7%. Pengetahuan ibu dan penerapan perilaku hidup bersih dan sehat (PHBS) dalam keluarga sangatlah penting untuk mencegah diare.

**Tujuan penelitian:** penelitian ini bertujuan untuk mengetahui hubungan antara pengetahuan ibu dan PHBS dengan kejadian diare pada balita di Wilayah Kerja PKM Lerep.

**Metode:** Desain penelitian analitik observasional dengan pendekatan *cross sectional*. Populasi adalah seluruh ibu yang memiliki balita usia 1-5 tahun di PKD Kalisidi sebanyak 337 balita. Sampel sebanyak 79 ibu dengan teknik *accidental sampling*. Instrumen penelitian menggunakan kuesioner. Analisis data univariate dengan distribusi frekuensi dan analisis bivariate chi-square.

**Hasil:** Analisis univariat diperoleh sebagian besar pengetahuan ibu tentang diare baik (46,9%), PHBS keluarga baik (57,0%), dan balita yang terkena diare (39,2%). Analisis bivariate diperoleh ada hubungan signifikan antara pengetahuan ibu tentang diare ( $p = 0,001$ ) dan PHBS keluarga ( $p = 0,001$  OR = 0,136, CI 95% = 0,49- 0.376) dengan kejadian diare pada balita.

**Kesimpulan :** Semakin tinggi pengetahaun ibu tentang diare dan semakin baik PHBS keluarga maka semakin menurun kejadian diare pada balita. Petugas kesehatan perlu lebih aktif melakukan penyuluhan tentang bahaya penyakit diare dan PHBS mengenai CTPS, pengolahan dan penyajian makanan yang benar, serta pengolahan sampah

**Kata Kunci :** *Diare, Balita , Pengetahuan, PHBS*

**Kepustakaan :** 52 (2010-2020)

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**ASSOCIATION OF MOTHER'S KNOWLEDGE, FAMILY HYGIENIC AND CLEAN BEHAVIORS (PHBS) WITH DIARRHEA IN FIRST IN THE WORKING AREA OF PUSKESMAS LEREP**

xv + 67 pages + 12 tables + 2 Chart + 8 attachments

**ABSTRAC**

**Background** : Diarrhea is still a cause of morbidity and mortality of children under five. The prevalence of diarrhea according to WHO (2018) is 1.7 billion children in the world, while in Central Java (2018) it is 62.7%. Mother's knowledge and the application of clean and healthy living habits (PHBS) in the family are very important to prevent diarrhea

**Objektive** : The purpose of this research is to determine the relationship between knowledge and behavior of clean and healthy life with the incidence of diarrhea in toddler in the Lerep PKM work area.

**Method** : Observational analytic research design with cross sectional approach. The population was all mothers who have children aged 1-5 years in PKD Kalisidi as many as 337 children under five. The sample was 79 mothers with accidental sampling technique. The research instrument used a questionnaire. Univariate data analysis with frequency distribution and bivariate chi-square analysis.

**Results** : Univariate analysis obtained that most of the mothers' knowledge about diarrhea was good (46.9%), good family PHBS (57.0%), and children under five who had diarrhea (39.2%). Bivariate analysis showed that there was a significant relationship between maternal knowledge about diarrhea ( $p = 0.001$ ) and family PHBS ( $p = 0.001$  OR = 0.136, 95% CI = 0.49-0.376) with the incidence of diarrhea in children under five.

**Suggestion** : If mothers have a good knowledge about diarrhea and family PHBS, it helps to lower the rate of diarrhea on toddlers. Suggestions for health workers to more effectively provide education to the society about the dangers of diarrhea, clean-and- healthy living behavior (PHBS), providing health education about CTPS, proper food processing and serving, and waste processing.

**Keywords** : *Diarrhea, Toddler, Knowledge, PHBS*

**Literature** : 52 (2010-2020)