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Pengelolaan Keperawatan Gangguan Persepsi Sensori: Halusinasi Perabaan Pada Ny.R dengan Skizofrenia di Wisma Puntadewa Rumah Sakit Jiwa Prof. Dr. Soerojo Magelang  
xiii + 58 Halaman + 3 Bagan + 5 Tabel + 5 Lampiran

## **ABSTRAK**

Skizofrenia merupakan gangguan jiwa yang ditandai dengan gangguan pikiran, dan persepsi serta sensasi dengan gejala positif dan negatif. Gejala skizofrenia pada distorsi fungsi normal yaitu halusinasi yang merupakan persepsi panca indera tanpa ada rangsangan stimulus eksternal dapat meliputi sistem panca indera salah satunya indera perabaan. Tujuan penulisan ini untuk menggambarkan Pengelolaan Keperawatan dengan Gangguan Persepsi Sensori Halusinasi Perabaan pada Ny.R dengan Skizofrenia di RSJ Prof. Dr. Soerojo Magelang.

Pengelolaan pasien dengan halusinasi dilakukan selama 3 hari dengan pendekatan proses asuhan keperawatan. Pengkajian dilanjutkan penegakan diagnosa keperawatan, intervensi, implementasi dan evaluasi. Tindakan keperawatan yang dilakukan selama 3 hari yaitu, komunikasi bina hubungan saling percaya (BHSP), mengidentifikasi jenis, isi, waktu, respon, dan frekuensi halusinasi, melatih mengontrol halusinasi dengan 5 benar cara minum obat, melatih cara menghardik atau menolak apabila halusinasi itu muncul, serta mengajarkan cara bercakap – cakap dengan orang lain.

Hasil pengelolaan didapatkan pasien mampu melakukan cara mengontrol halusinasi dengan cara menghardik, 5 benar minum obat dan bercakap-cakap. Saran bagi perawat mengelola pasien halusinasi diharapkan untuk meningkatkan asuhan keperawatan pada pasien gangguan jiwa khususnya halusinasi dengan prinsip komunikasi terapeutik dan aplikatif.

Kata Kunci : skizofrenia, persepsi sensori, halusinasi perabaan  
Kepustakaan : 46 (2009-2019)

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The Nursing Management of Perception Sensory Disorder: Hallucination of Vision and Hearing in Mr. G with Schizophrenia at Wisma Antareja, Mental Hospital (RSJ) Prof. Dr. Soerojo Magelang  
xiii + 58 Pages + 3 Charts + 5 Tables + 5 Attachments

## **ABSTRACT**

Schizophrenia is a mental disorder characterized by disorder of thought, perceptual language and sensations including psychotic experiences. Besides that, the symptoms of schizophrenia include positive and negative symptoms. One symptom of schizophrenia in normal distortion function is hallucination meaning five sensory perceptions without any external stimulus that can cover all five sensory systems that occur when the individual is fully conscious. The purpose of this paper was to describe the nursing management of perceptual sensory disorders of touch hallucination in Mrs. R with schizophrenia at RSJ Prof.Dr. Soerojo Magelang.

Management of patient with hallucination was done for 3 days, started on Monday, the 27th to Thursday, the 29th of January, 2020. Techniques for collecting data used nursing methodology, including assessment which included physical examination, observation, investigation, enforcement of nursing diagnoses, implementation and evaluation. Nursing care of patient was done for 3 days, trusting relationships, therapeutic communication, to identify time, content, type, the response, frequency hallucinations, train hallucinatory control by 5 properly taking medicane, the act of rebuking was done by refusing when the hallucinations came, also train to communicate with other person.

The management results showed that the patient was able to control the hallucinations by rebuking and five steps of correctly taking the medication. The act of rebuking was done by refusing when the hallucination came, and the action of five steps of taking the medicine correctly by knowing the type of medicine, the color of the medicine, the medication taken according to the patient's name and the dosage to be taken, nursing care in mental patients, especially hallucination with the principle of therapeutic communication.

**Keywords** : schizophrenia,sensory perception, touch hallucinations  
**Literatures** : 49 (2009 - 2019)