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**PENGARUH EDUKASI PERILAKU *PERSONAL HYGIENE* TERHADAP
PENURUNAN TANDA DAN GEJALA SKABIES SANTRI DI PONDOK
PESANTREN DARUSSALAM, BERGAS, KABUPATEN SEMARANG**
xvi + 71 halaman + 2 gambar + 11 tabel + 13 lampiran

ABSTRAK

Latar belakang : Personal hygien adalah upaya memelihara kebersihan dan kesehatan santri di Pondok Pesantren Darussalam untuk kesejahteraan fisik dan psikologis pada umumnya kurang mendapatkan perhatian dan pengetahuan yang cenderung kurang baik mengenai kesehatan dan perilaku yang tidak sehat. Dan Personal hygien dapat menurunkan tanda dan gejala skabies santri di Pondok Pesantren. Tujuan dalam penelitian ini untuk mengetahui Pengaruh edukasi perilaku personal hygiene terhadap penurunan tanda dan gejala skabies santri di pondok pesantren.

Metode : Desain penelitian menggunakan *quasi eksperimental design*, dengan pendekatan *Pretest-Posttest with control Group Design*. Populasi penelitian adalah seluruh santri yang terkena skabies Pondok Pesantren Darussalam Gebugan Kecamatan Bergas Kabupaten Semarang. Dengan sampel penelitian responden, responden yang diambil menggunakan teknik *purposive sampling*. Alat ukur yang digunakan adalah Kuisoner dengan analisis independent t-test.

Hasil : Hasil penelitian menunjukkan bahwa tingkat penurunan tanda dan gejala scabies sebagian besar dalam kategori ringan yaitu sebanyak 14 respondent 73,7% pada kelompok intervensi dan 15 respondent 78,9% pada kelompok kontrol. Setelah diberikan edukasi perilaku personal hygiene pada kelompok intervensi didapatkan 0% respondent dalam kategori tingkat. Hasil uji independent-test didapatkan nilai p-value sebesar $0.000 < \alpha (0.05)$. Hasil penelitian ini menunjukkan ada pengaruh edukasi perilaku personal hygiene terhadap penurunan tanda dan gejala skabies santri di Pondok Pesantren Darussalam Bergas Kabupaten Semarang.

Saran : Bagi santri mampu mengubah perilaku personal hygiene dan tidak terkena skabies lagi setelah dilakukan edukasi perilaku personal hygiene dan bagi Pelayanan kesehatan diharapkan sebagai bahan masukan untuk meningkatkan pelayanan kesehatan terkait dengan penurunan tanda dan gejala skabies di pondok pesantren.

Kata kunci : Skabies, Personal hygiene, Santri

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THE INFLUENCE OF HYGIENE PERSONAL BEHAVIOR EDUCATION OF REDUCTION ON SIGN AND SYMPTOMS OF STUDENT SKABIES IN THE ISLAMIC BOARDING SCHOOL, BERGAS, SEMARANG DISTRICT
xvi + 71 pages + 2 pictures + 11 tables + 13 attachments

ABSTRACT

Background: Personal hygiene is an effort to maintain the cleanliness and health of students at Darussalam Islamic Boarding School for the physical and psychological generally received less attention and knowledge tend to be unfavorable about health and unhealthy behavior. Personal hygiene can reduce the signs and symptoms of scabies for students at islamic boarding schools. The purpose of this study was to determine the effect of personal hygiene behavior education on reducing signs and symptoms of scabies at islamic boarding schools.

Method: The research design used a *quasi-experimental design*, with approach *pretest-posttest with control group design*. The study population was all students affected by scabies at Darussalam Islamic Boarding School, Bergas, Semarang District with a research sample of 38 respondents, the respondents were taken using *purposive sampling technique*. The measuring instrument used was a questionnaire with independent t-test analysis.

Results: The results showed that the level of reduction in signs and symptoms of scabies was mostly in the mild category, namely as many as 14 respondents 73.7% in the intervention group and 78.9% respondents in the control group. After being given personal hygiene behavior education in the intervention group, it was found that 0% of respondents were in the level category. The independent-test results obtained a p-value of $0.000 < \alpha (0.05)$. The results of this study indicate that there is an effect of personal hygiene behavior education on reducing the signs and symptoms of scabies among students at Darussalam Islamic Boarding School, Bergas, Semarang District.

Suggestion: Students are able to change their personal hygiene behavior and are not affected by scabies again after personal hygiene behavior education is carried out and for health services, it is hoped that it will be used as input for improving health services related to decreasing signs and symptoms of scabies at islamic boarding schools.

Keywords: Personal hygiene, Scabies, Student.